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Meridian Gardens

Assisted Living Community

Rejuvenating Lives

Volume 4

Summer 2007

Enjoy the journey...

By Gwen Sander, Marketing Director

A popular slogan notes to 'enjoy the journey not just the destination'. Soon Meridian Gardens will be celebrating it's first year of operation. One year ago in July we opened our doors to serve senior housing needs in the community. The first year has gone so fast. Yes our staff continues to be excited to fill the rooms, yet it is more. We're excited to impact people's lives. There is nothing more gratifying than to see our residents come from trying times to live an improved quality of life. It's a delight to see them rejuvenate activities once left behind. We enjoy the 'journey' of helping families and seeing their concerns about loved ones disappear.

That being said, we'd like to extend an invitation to come celebrate our 1st anniversary. Plan to attend an Open House on Sunday, July 29th from 1 pm - 4 pm. Please share this opportunity with others to come see what we're about. Do you know someone that might benefit from Assisted Living? We hope to see you there!

YOU ARE INVITED TO JOIN US
FOR OUR
ONE YEAR ANNIVERSARY
OPEN HOUSE
SUNDAY ~ JULY 29TH
1 PM - 4PM

Heritage Management Services, Inc. follows a non-discrimination policy on age, race, sex, national origin and disability.

This applies to employment practices, residents and the provisions of services.

Heritage Management Services, Inc. is an Equal Opportunity Employer.



Jose & Roxie serve at the Mother's Day Tea



A short Mother's Day skit



Bill Boucher provides us with a very musical morning

In Mark's Words

by Mark Zebr, Executive Director

What a wonderful time of the year! We have been blessed with the beauty of spring! As the summer approaches, the grass gets thicker, the trees fuller, and the flowers more colorful!

As we look over the last year, many things have happened: the building was completed, the associates were added, and most important of all, our residents chose to call Meridian Gardens their home. Friendships have formed and grown between residents, their families, and staff !

I want to thank each and every one who has been apart of the growth of Meridian Gardens this past year. We have been able to go through many growth opportunities. God has richly blessed us.

1 Corinthians 3:7 says, "So then neither he who plants is anything, nor he who waters, but God who gives the increase."



A good game of Dominoes



Enjoying Polk County's Choir & Band



A wonderful performance by the Consonier Singers



Adeline Thomsen enjoys her four generation family



Sue enjoys receiving a manicure.

A Crafty Idea

Cindy Gasper, Life Enrichment Coordinator

I've heard the saying that one person's junk is another person's treasure. I find this to be especially true when it comes to crafting. I am defiantly not at pack rat, but I have found myself saying, don't throw that away I think I can use it for a craft project. Items like buttons, scraps of material, jars, left over wallpaper boarder, scraps of wood, landscaping bricks and Popsicle sticks all become a creative craft project with a little imagination. Even a pretty napkin, ice cream cone and some ribbon can make an adorable basket. The possibilities are endless.

The following is a list of items we will use over time as we continue to keep those creative juices running.

Scraps of material ~ thread ~yarn ~ ribbon ~ buttons ~ Styrofoam (balls, pieces, eggs, wreaths)~used greeting cards ~ jars with lids ~ grapevine wreaths ~ silk flowers ~ dried beans ~ pinecones ~laundry detergent scoops ~ party napkins with designs.

If you are thinking of tossing it out, think again, it might be one of those little treasures we could use.

Another thought, maybe you saw a neat craft idea in a magazine. We'd love for you to share it with us. Maybe you love doing crafts and would like to share some of your ideas with us. We'd love to have you come and share your time and talents with us.



Norma Dreifurst volunteers her time to do some crafting

NURSING NEWS

by Jose Kodad RN, Director of Healthcare



Hello and welcome to all our new residents and employees. Our "family" continues to grow and I am so happy to see you all here. When I hire a new employee, I ask that they give 100% towards to care of our residents. Some may ask, what is 100%?? I have a little mathematical formula that might help answer that question.

If A B C D E F G H I J K L M N O P Q R S T U V W X Y Z Is represented as:
 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26

Then:
H-A-R-D-W-O-R-K
 8+1+18+4+23+15+18+11+ = 98%

BUT:
A-T-T-I-T-U-D-E
 1+20+20+9+20+21+4+5 = 100%

AND
K-N-O-W-L-E-D-G-E
 11+14+15+23+12+5+4+7+5 = 96%

AND, look how far the love of God will take you
L O V E O F G O D
 12+15+22+5+15+6+7+15+4 = 101%

Therefore, one can conclude with mathematical certainty that: while Hard work and Knowledge will get you close, and Attitude will get your there, it's the Love of God that will put you over the top!



ROMEO (Retired Old Men Eating Out) ready to take off



Anna Marie visits with some friends from Schuyler



The Harold Square Dancers were very entertaining

In Loving Memory

Or God so loved the world that He gave His one and only Son, that whoever believes in Him shall not perish but have eternal life." John 3:1

We wish to extend our sympathy to the families and friends of Hans Schild and Ken Aldeim, who were called home. We were blessed to have Hans and Ken touch our lives during their short stay with us.



Weta gets a closer look at one of the baby ducks



Steve & Don plant the veggies with Greg while Sue supervises



4515 38th Street
Columbus, Nebraska 68601

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MANAGEMENT TEAM

Got a question?

These people can help - call (402) 564-6300

- Executive DirectorMark Zehr*
- Director of Health Care.....Betty Jo Jose Kodad*
- Office ManagerRoyce Lewis*
- Life Enrichment Coordinator.....Cindy Gasper*
- Marketing Director.....Gwen Sander*
- Executive Chef.....Jenny Sloup*
- Housekeeping Supervisor.....Roxanne Sheets*
- Maintenance SupervisorDave Nansel*

4515 38th Street • Columbus, Nebraska 68601 • 402-564-6300
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